

Resume

Alain Paulin, Chartered Mediator

MISSION

To help individuals to overcome their differences and strengthen relationships through mediation, facilitation and training.

EXPERIENCE

- Owner and operator of Sphera Facilitation Inc. since 2013, providing services in mediation, facilitation and training in conflict resolution;
- Mediator since 2005;
- Chartered Mediator (C. Med.) from the Alternate Dispute Resolution Institute of Canada since 2013;
- More than 25 years of experience in communication, labour relations and conflict resolution, mainly for the Government of Canada, including eight years as a mediator for the Department of National Defence;
- Numerous processes and training sessions delivered in French and English, from coast to coast in Canada and abroad (Central African Republic, Dominican Republic, Uganda and Kenya);
- Current member of the Board of Directors of the Alternative Dispute Resolution Institute of Atlantic;
- Training recently offered:
 - Conflict Resolution in the Workplace - College of Extended Learning, University of New Brunswick;
 - Going Beyond the Basic Skills of Mediation and Facilitation - Alternative Dispute Resolution Institute of Canada;
 - *Third Party Neutral* - Canadian Institute for Conflict Resolution and United Nations;
 - Giving and Receiving Feedback in the Workplace - Government of Canada;
 - Assertive Communication and Coaching Strategies for Leaders – Conflict, Performance and Change - ACHIEVE Centre for Leadership and Workplace Performance;
 - Conflict Management, Resolving Conflict Effectively, Giving and Receiving Feedback and Difficult Conversations, Facilitate Conflict Resolution - *Université de Moncton, campus de Shippagan.*

EDUCATION

Bachelor of Arts (Public Communications), <i>Université Laval</i> , Quebec, QC	1986-1989
Short Program of Introduction to Common Law, Faculty of Law, <i>Université de Moncton</i> , Moncton, NB	May 2004
Certificate, Negotiation and Conflict Management Program (Mediation), Hanson College, Dalhousie University, Halifax, NS	June 2002
Peace and Conflict Graduate Studies (Online MA Program), University for Peace, Costa Rica	2012-2015

PROFESSIONAL DEVELOPMENT

Deep-Rooted Conflict, Canadian Institute for Conflict Resolution, Ottawa, NB	2016
Transformative Mediation, The Institute for the Study of Conflict Transformation, Halifax, NS	2015
Third Party Neutral, Canadian Institute for Conflict Resolution / College of Extended Learning, University of New Brunswick, Fredericton, NB	2013
Working with Open Space Technology, Tatamagouche Centre, Tatamagouche, NS	2012
Group Intervention Training, Department of National Defence, Ottawa, ON	2012
Peacemaking Circles: Philosophy and Applications, Canadian Mennonite University, Winnipeg, MB	2011
Mindfulness for Caring Professionals, The Healing Circle, Tatamagouche Centre, Tatamagouche, NS	2011
Training/Facilitation Design Workshop, Aime Fortier Performance Solution Inc., Halifax, NS	2010
Mind-Body Approaches to Transforming Social and Personal Trauma, Tatamagouche Centre, Tatamagouche, NS	2009
The Neuroscience of Conflict Resolution, CINERGY Coaching, Toronto, ON	2009
Dialogue for Peaceful Changes, Tatamagouche Centre, Tatamagouche, NS	2009
How to Do Transformational Teambuilding, Lehtonen Consulting, Toronto, ON	2008
Facilitating Experiential Workshops, Powerful Workshops, Springfield, Mass, USA	2008
Facilitating Teams Using Self as Instrument; Lehtonen Consulting, Toronto, ON	2008
Leading Group Assessment and Intervention, Facilitated Solutions and Mediations Services, Winnipeg, MB	2007
The Energy of Conflict, Harvard Law School, Cambridge, MA, USA	2007
Basic Conflict Coaching, CINERGY Coaching, Toronto, ON	2006
Kundalini Yoga and the Chakras, Kripalu Yoga and Health Centre, Springfield, Mass, USA	2004
Energy Intensive - Meditation, Yoga & Breathwork, Kripalu Yoga and Health Centre, Springfield, Mass, USA	2004
The Power of the Moment, Kripalu Yoga and Health Centre, Springfield, Mass, USA	2003
Power Coaching, CLI International, Vancouver, BC	2001
Coaching toward Breakthrough, Canadian Management Centre, Ottawa, ON	2000

SPOKEN AND WRITTEN LANGUAGES: French and English.

REFERENCES: Upon request.